



**STAR**  
SERVICES

# March 2012

**Psychotropic Medication Monitoring**

**Psychotropic Medication Side Effect  
Monitoring with the DISCUS and the MOSES**

**Individual and Program Finances**

**The Consolidated Standards:  
Understanding Compliance through the  
Eyes of a Former Licensor**

## Psychotropic Medication Monitoring

Presented by Becky Eikmeier, Program Services Consultant/QDDP

Wednesday, March 7, 2012 ★ 9:00 am – 12:00 pm ★ \$55.00

For any individual taking psychotropic medication, monitoring medication for effectiveness is mandatory according to current 245B licensing requirements. Proper training and knowledge is essential to completing all required documentation.

Participants will learn about and discuss:

- Psychotropic medication classifications and their associated side effects
- Assessment, documentation, and tracking of side effects through the DISCUS and MOSES
- Emergency and non-emergency initiation of psychotropic medication
- Behavioral Support Plan content and development
- Completion of the Psychotropic Medication Use Checklist

CEUs  
3.6 for  
Nurses

Audience: Nurses, management, and executive level staff responsible for psychotropic medication monitoring for the individuals they serve will benefit from this first time or refresher course!

**Sign up for both classes on March 7<sup>th</sup> for \$99  
and lunch is included! Save \$25!**

## Psychotropic Medication Side Effect Monitoring with the DISCUS and the MOSES

Presented by Sarah Stein, Program Services Consultant/QDDP

Wednesday, March 7, 2012 ★ 1:00 pm – 5:00 pm ★ \$69.00

Individuals taking psychotropic medications may be at risk for developing side effects including Tardive Dyskinesia (TD), an abnormal involuntary movement disorder. Because of this risk, careful monitoring of the individual using a standardized assessment may be required of the licensed provider. The DISCUS is the most common assessment and is best completed by trained individuals and/or medical health professionals.

Participants will learn about and discuss:

- The prevalence and prognosis of Tardive Dyskinesia (TD)
- TD and other abnormal involuntary movement disorders and medications that may cause these disorders
- Characteristics of TD and how to distinguish them from behavioral stereotypes and mannerisms
- How to conduct the DISCUS exam and properly complete and score the DISCUS
- How to understand and accurately complete the MOSES
- Health care follow up for abnormal scores

CEUs  
4.8 for  
Nurses

Through lecture, DVD presentation, demonstration and practice, participants gain knowledge and experience in conducting the DISCUS.

Audience: This course is an excellent resource for managers, lead staff, and nursing professionals who are involved in psychotropic medication monitoring for the individuals they support.

**Like what you see but don't want to travel?  
WE CAN COME TO YOU!**

Contact Jennifer May at 651-644-3140 x257 or [jmay@starsvcs.com](mailto:jmay@starsvcs.com).

# We've Moved to a New Location!

In order to better serve our customers' needs, STAR Services has moved to a new location at The Atrium, next to Bandana Square, off Energy Park Drive in St. Paul.

For directions or more info, visit our website at [www.starsvcs.com](http://www.starsvcs.com) or call 651-644-3140.

## Individual and Program Finances

Presented by Hilary Novacek, Consulting Case Manager/LSW

Wednesday, March 14, 2012 ★ 12:30 pm – 3:30 pm ★ \$69.00

This course is intended to give you an in-depth look at individual and program funding, reporting requirements, forms, and timelines. This class will help you to gain a better understanding of funding sources, medical assistance, and individuals' personal funds.

This seminar will focus on:

### Funding Sources:

- Social Security and SSDI
- Program rates and service agreements
- Room and board
- Group Residential Housing (GRH)
- CDS
- Private pay

### Reporting Requirements and Timelines:

- Combination Application Form (CAF)
- Household Report Form (HRF)
- Social Security reporting

### Medical Assistance:

- MA "caps"
- Spend-downs
- MA-EPD
- MA monthly premium payments
- Verifications
- MA renewal forms

### Individual Funds:

- Asset limits
- Pre-pay vs. post-pay GRH clients
- Personal needs

**CEUs**  
3.6 for  
Nurses,  
3 for Social  
Workers

**Audience:** This seminar is ideal for social service agency owners, Executive or Program Directors, Designated Coordinators, program managers, and social workers who need a full understanding of individual and program finances.

## The Consolidated Standards: Understanding Compliance through the Eyes of a Former Licensor

Presented by Becky Eikmeier, Program Services Consultant/QDDP

Wednesday, March 21, 2012 ★ 10:00 am – 3:30 pm ★ Lunch Included ★ \$89.00

### Taught by a former licensor with over 20 years of experience!

The Consolidated Standards (245B) establishes methods to ensure quality of services for individuals with developmental disabilities and related conditions. Licensed service providers must be in compliance with the protection, management and service standards outlined by the Consolidated Standards. Learn from a former licensor how to ensure that the services you are providing are compliant!

This interactive program provides participants with an understanding of:

- The history of the Consolidated Standards (245B)
- The service requirements of the Consolidated Standards (245B)
- What your licensor wants and expects from you as a service provider
- What your licensor wants you to know
- Communication throughout the licensing process
- Most commonly written violations and how to correct them
- Overview of the Human Services Licensing Act (245A)

**CEUs**  
5.6 for  
Nurses,  
5 for Social  
Workers

**Audience:** This class will benefit any manager, Designated Coordinator, QMRP/QDDP or administrator who is providing services under the Consolidated Standards.

# RETURN OF THE FLAT RATE TRAINING SPECIAL FOR 2012!

Back by popular demand, we are again offering a flat rate price for classes in 2012 at a SUBSTANTIAL discount! How does it work? Your company purchases a "seat" for all management level training classes that are included in our monthly brochures. Come for some classes or all; you can choose who to send and to which classes! Even better, you are guaranteed a spot in the classes you want. Visit [www.starsvcs.com/flatrate](http://www.starsvcs.com/flatrate) or contact Jennifer May at 651-644-3140 x257 or [jmay@starsvcs.com](mailto:jmay@starsvcs.com) for pricing and detailed information.

## STAR'S GONE SOCIAL!



twitter.com/starsvcs  
facebook.com/starsvcs



### Psych Med Monitoring

March 7, 2012 ★ 9:00 am - 12:00 pm ★ \$55.00

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Sign up for both classes on March 7<sup>th</sup> for \$99 and lunch is included! Please indicate if you would like a vegetarian meal.

### Psych Med Side Effect Monitoring

March 7, 2012 ★ 1:00 pm - 5:00 pm ★ \$69.00

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

### Individual and Program Finances

March 14, 2012 ★ 12:30 pm - 3:30 pm ★ \$69.00

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

### Understanding Compliance

March 21, 2012 ★ 10:00 am - 3:30 pm ★ \$89.00

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Payment options include cash, check, and all major credit cards. Make checks payable to STAR Services. Please print clearly. All requested information must be completed for credit card transactions.

## REGISTER ONLINE @ [WWW.STARVCS.COM](http://WWW.STARVCS.COM)

Company: \_\_\_\_\_

Contact : \_\_\_\_\_

Telephone: \_\_\_\_\_

Billing Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

(as it appears on card)

Credit Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ 3 Digit CSV Code: \_\_\_\_\_

(from back of card)

Amount Enclosed/To Be Charged: \$ \_\_\_\_\_

Please submit completed registration with payment via phone: 651-644-3140x257, fax: 651-641-0346, email: [jmay@starsvcs.com](mailto:jmay@starsvcs.com), or mail to:

STAR Services

Attn: Jennifer May

1295 Bandana Blvd N

Suite 135

Saint Paul, MN 55108

## ONLINE TRAINING IS NOW AVAILABLE!

STAR Services is excited to offer an online training option for our customers that meet their unique training needs, price, convenience, and topics! Initially, we are testing a limited offering of topics and plan to expand it to a much larger topic library in early 2012. Visit [www.starsvcs.com/onlinetraining](http://www.starsvcs.com/onlinetraining) for more info.